

 Facilitator's Guide Facilitator's Guide Instructions

Congratulations on being selected to lead discussions and be a common thread between Launching Leaders participants and the curriculum. You have been chosen because of your character and talents, your integrity, and faith-based life. Your involvement in this process is intended to enhance the overall experience for the participants and yourself.

Your main focus will be to prepare for and facilitate a healthy discussion in your Launching Leaders group meetings on the material covered in the online classes. In doing so, be careful to not take the oxygen out of the room by dominating conversation. Rather, focus on shared experiences, input, and lively discussion. Although the entire course is faith-based, your main focus should be on the principles taught, rather than specific religious doctrines. If your group consists of people from many faiths and beliefs you should ensure that NO proselytizing or religious intolerance occurs between participants or by you during the classes, so that each participant is free to incorporate their own faith, as they understand it. If you are guiding

a group that consists of your faith only, then the tone and messaging may indeed be different and perhaps focused to include customized discussions based on your faith's teachings. Whether your group is multi-faith or one faith, you should customize accordingly, using the examples, stories, leaders, and scriptures that fit your group and are aligned with the weekly topic, affording the best experience for all.

Your opportunity is to reach out to the participants, provide practical tools, and guide them toward a life of fulfillment, success, and personal leadership. If you remember this over-arching purpose, your discussions will enliven and stimulate in each individual the tools they need to cheerfully progress.

## Keys to successful outcomes

### Prepare to be a great facilitator by becoming very familiar with *Launching Leaders*:

- Read and study the book *Launching Leaders: An Empowering Journey for a New Generation*. An electronic copy will be provided. The book is also available for purchase on Amazon.com.
- Login to *Launching Leaders* online and review the classes in the course thoroughly.
- Watch the online mentor briefing to more fully understand the role of mentors and your role.

### Discussion Tips:

- Bring your personality and talents to the discussion. Make this a delightful and fun experience for all. Smile and embrace everyone; you are to be a role model. Your positive and inclusive nature will make this experience authentic and alive.
- The purpose of the discussion guides are to pattern meaningful discussions and motivate thoughts and actions by participants. Make the experience uniquely yours even with the guides; you are chosen as a facilitator because you do bring unique gifts to share.
- Ask thoughtful questions---some of which are provided in the facilitator's guide---and allow the participants to freely express themselves. Don't try to steer or dominate the outcomes; simply provide a safe venue for expression and the participants will create their own wonderful path as they embrace the principles taught in the course.
- We suggest your live gatherings take no more than 1 ½ hours each.

### Final Presentation:

In class #4, and in chapter 4 of the *Launching Leaders* book, the participants are encouraged to develop a plan for their lives. This is something they should work on throughout the *Launching Leaders* course, and ideally throughout their lives. To assist them with their planning, we recommend you provide an opportunity for participants to present their plans for their lives in the last group meeting or two of the course (depending on the size of the group). These will be brief, 5-minute presentations, where they

outline their plans and the group provides feedback, ideas, and encouragement. Participants may choose to follow the format in "A Plan for Your Life" worksheet provided online in class #4, but hopefully the worksheet was a starting point for a plan that is unique and personalized for each participant. This final presentation will solidify the planning process in their minds and spirits as they anticipate discussing their plan in front of the group. It also gives them an opportunity to receive valuable feedback.

## Guest Speakers:

As you prepare your thoughts and notes to facilitate discussions, focus on the online classes the participants are viewing and ponder in advance possible invitations to guest speakers. Think of those who might be great examples of the subject matter and could share their thoughts and experiences. Select speakers who are of strong character and are living examples of the principles taught in Launching Leaders. We recommend the speakers take no more than twenty minutes,

to allow plenty of time for discussion and questions. Advertising the speakers in advance is a good way to increase participation.

It is not required to have a guest speaker every meeting; you can determine this. If you can't find a speaker who is a great example of the material covered, that's fine. You might find it useful to invite a mentor or two to give their insights as relates to the discussion points.

## Mentors

The first online class encourages the participants to consider mentors in this journey. The third class teaches the participants how to find and adopt mentors. You should recognize that sometimes the right mentor relationships could take years to develop. So don't force it. If a participant finds mentors during the course, they are welcome to bring them along the journey, but beware of forcing a timetable for them to find, adopt, or bring mentors. In this process, if you as the facilitator are aware of or introduced to participating mentors, you are encouraged to get to know them and be a resource to them as requested. You should view the online mentor briefing to be familiar with the mentoring materials.

## Launching Partners:

As your group gathers for weekly discussions, you should ask the participants to "partner up" with a participant of their choosing to encourage each other throughout the Launching Leaders experience and hold each other accountable for reviewing the online materials and attending the group each

week. This relationship is important; we ask you as the facilitator to orchestrate this. There may also be times throughout this course when you ask the group to "partner up" in discussion or action items suggested along the journey.

### Facilities/Meeting: attire:

- Find a suitable and comfortable space for the meetings; a safe place to talk and share ideas. Your local church facility should work well. Or, perhaps there are people/places in your area that “donate” space for such events as a way of giving back.
- Prepare a sign-in sheet and name tags for each class.
- Arrange for snack food and drink for use at the meetings. Perhaps participants could take turns bringing food items. You could arrange a potluck dinner for the closing discussion or graduation celebration.
- The dress should be casual. Don’t make these gatherings too “professional,” but make the atmosphere relaxed and friendly.

### Notification:

- Text or email invitations to participants in advance of each gathering. Have a published schedule for the gatherings and send reminders well in advance.

## CLASS #1 – INTRODUCTION

### Get Started

It is important to get acquainted; have brief introductions from all participants. Give praise and appreciation for their interest in the course. This should take perhaps 10 minutes in this class only. Introduce yourself also and allow the participants to get to know you. It is imperative that you quickly gain their trust.

### Launching Partners:

Ask the participants to “partner up” with a participant of their choosing to encourage each other throughout the Launching Leaders experience and hold each other accountable and help each other in reviewing the online materials and attending the group each week. Ask them to exchange contact information. This is important to the success of the participants and the group itself. So take time to make sure partnering happens.

#### Proposed discussion questions for class 1 (consider a video or exercise from the online course to start):

1. How did the introduction to Launching Leaders inspire you to move forward?
2. Share with the group your ideas on what you'd like to do to “Create Your Future.”
3. What are your thoughts about managing your time? What did you learn from Laurence Day's analogy to planning a trip?
4. How do you feel about planning your life? What has been your approach and what would you like to do differently?
5. How important do you think it is to have mentors in your life? What does your ideal mentor look like?
6. In the *Launching Leaders* book, studies are cited that call attention to Millennials falling away from organized religion but not spirituality. You might want to open this up for discussion without weighing in on either side.
7. Discuss how stepping forward into this course is an act of faith.
8. Can you visualize how principles of success, mentors, time management, and alignment with all of this might create for you a more holistic future? How does all of this feel to you?
9. What do you expect to get out of this course?

## Guest Speaker:

There will not be an outside guest speaker for this first class.

### Assignment for Participants:

1. Start a Launching Leaders journal (diary), or include your LL experiences in your existing journal. Write down your thoughts on your hopes for the outcomes for this course.
2. Complete class #2 online – Taking Control of Your Life and Your Core Values
3. Read chapters 1 (Taking Control of Your Life) & 2 (What Do You Want To Become? The Power of Defining Your Core Values) in the *Launching Leaders* book.
4. Bring your selected mentor to the next discussion group, if desired.

### Assignments for Facilitator:

1. Contact each participant during the next week via phone, text, or email and thank them for their participation. Answer any questions, and personally invite them to the next meeting.
2. Forward any feedback to Launching Leaders Worldwide: [Info@LLWorldwide.org](mailto:Info@LLWorldwide.org).

## CLASS #2- TAKING CONTROL OF YOUR LIFE AND CORE VALUES

### Getting Started:

Have brief introductions from all NEW participants and have the participants introduce their mentors if they have invited them to participate. Give praise and encouragement for their efforts. This should take perhaps 5 minutes. Introduce yourself to the new participants. Continue to build your relationships of trust.

### Launching Partners:

Assure that everyone in the group has partnered up with another participant to be each other's launching partner. Assure they have shared each other's contact information so they can collaborate and measure each other's progress and share ideas and encouragement.

### Proposed discussion questions for class 2 (consider a video or exercise from the online course to start):

1. How can discovering the true roots of your identity help you begin living the unique purposes for which you were made?
2. What role might social media play in establishing your true identity?
3. What does the inner-voice look like for you?
4. Why is "acting" on what you know, before you have all of the answers, important?
5. How does prayer or meditation help in establishing peace and confidence in heaven's timing?
6. Does it matter HOW you live in regards to principles and habits as it relates to your potential?
7. Did you find your holy ground; and what does that look or feel like for you?
8. How might adopting the cycle of spiritual guidance help you through the rough times?
9. Did anyone establish a core value this week? Please share the process and how it felt.
10. How does positive affirmation, as a part of the core value, assist in living it?
11. Have you considered how your core values align with God's will?
12. What does taking control of your life mean to you, and do the cycle of spiritual guidance and establishing core values add value to this process? How?

## Guest Speaker:

If you have a guest speaker, save 15-20 minutes for them to present and interact with participants regarding the class topic. Any guest speaker should have reviewed the subject matter of this class so they relate on point messaging in their presentation.

### Assignment for Participants:

1. Continue your Launching Leaders journal, including your LL experiences and insights.
2. Complete class #3 online – Mentors: Your Bridge to Success.
3. Read chapter 3 - Mentors: Your Bridge to Success in the *Launching Leaders* book.
4. Focus on establishing your core values.

### Assignments for Facilitator:

1. Contact each participant during the next week via phone, text, or email and thank them for their participation, answer any questions, and personally invite them to the next meeting. If they missed the group meeting, send out the discussion questions to ponder and also relay any assignments and challenges given.
2. Assign TWO participants to share in the next group meeting, no more than 5 minutes each, about how mentors can help shape their lives.

## CLASS #3- MENTORS: YOUR BRIDGE TO SUCCESS

### Getting Started:

Welcome any newcomers and give praise for everyone's efforts.

Review with the group the Launching Leaders online learning management system, showing them the Additional Resources section of each class where they can find books or articles that are recommended. Emphasize how great BOOKS can become wonderful mentors.

### Launching Partners:

Allow a few minutes for the partners to collaborate, connect, and hold each other accountable for partaking fully. Most of the partners holding each other accountable should occur between the group meetings.

#### Proposed discussion questions for class 3 (consider a video or exercise from the online course to start):

1. As you look at the bridge graphic in the *Launching Leaders* book, chapter 3, what mentors do you see as your bridge to success? What "colony of bees" are you assembling to make your honey?
2. Discuss how mentors can help you discover your true potential and can change everything.
3. Do you have any anxiety about approaching people you have targeted to possibly be your mentors? How can we overcome this hurdle?
4. In what manner would you accept "push back" or "authentic truth" from your mentors?
5. What personal qualities would be essential to develop in allowing God to become your mentor?
6. How do you become a great candidate to be mentored?
7. Share ONE thing you've already learned from your mentors.
8. How are YOU preparing to be a mentor?

## Guest Speaker:

Have two participants (selected and given the assignment the prior week) share their experiences about how mentors have helped shape their lives. Each takes 5 minutes.

### Assignment for Participants:

1. Continue your Launching Leaders journal, including your LL experiences and insights and document what you are learning from your mentor.
2. Complete class #4 online – Charting Your Course.
3. Read chapter 4 - Charting Your Course, in the *Launching Leaders* book.
4. Share your gratitude for your mentors this week; perhaps mail them a note; work together in shaping the future you are creating

### Assignments for Facilitator:

1. Contact each participant during the next week via phone, text, or email and thank them for their participation, answer any questions, and personally invite them to the next meeting. If they missed the group meeting, send out the discussion questions to ponder and also relay any assignments and challenges given.
2. If you plan to use a guest speaker next week, plan ahead and make sure you are specific in their time allotted and the topic they are to address.

## CLASS #4-CHARTING YOUR COURSE

### Getting Started:

Welcome any newcomers and give praise for everyone's efforts.

### Launching Partners:

Allow a few minutes for the partners to collaborate, connect, and hold each other accountable for partaking fully in the curriculum. Most of the partners holding each other accountable should occur between the group meetings.

#### Proposed discussion questions for class 4 (consider a video or exercise from the online course to start):

1. In the *Launching Leaders* book, the aviation analogy regarding charting your course invited God to be your co-pilot and instructor. How are you incorporating that counsel?
2. Charting your course is essentially making plans for your life; how does mapping out the next few years make you feel?
3. What will you do to work on your plan for your life throughout this course? You will be invited to present your plan for you life at the end of the course.
4. When might the concepts of planning ahead and allowing space for the guidance of the Holy Spirit conflict?
5. What role does the Holy Spirit play in charting your course? How does it feel to listen to the inner-voice?
6. How do the cycle of spiritual guidance and development of your core values play roles in mapping out plans for your future and reaching your waypoints?
7. Why is it important to have short-term goals or waypoints along your charted course?
8. In the online class, you watched a video featuring Elisabeth Sbanotto where she said regarding worries about getting "locked into your plan" and perhaps missing other opportunities because of being too myopic, "How big is your God?" Do you believe God will help you make course corrections as needed?
9. What roles can mentors play in your plans for your life?
10. What are some aspects of your "Daily Devotional" that keep you charged up and moving forward?

## Guest Speaker:

If you have a guest speaker, save 15-20 minutes for them to present and interact with the participants regarding the class topic. Any guest speaker should have reviewed the subject matter of this class so they relate on point messaging in their presentation.

### Assignment for Participants:

1. Continue your Launching Leaders journal, including your LL experiences and insights and document what you are learning from mentors in your life. Work on your plan for your life.
2. Complete class #5 online – The Formula
3. Read through Chapter 5 - The Formula - in the *Launching Leaders* book.
4. Continue to work on your core value statement, and put on paper your short and long-term plans for life using the core values and cycle of spiritual guidance as anchors.

### Assignments for Facilitator:

1. Contact each participant during the next week via phone, text, or email and thank them for their participation, answer any questions, and personally invite them to the next meeting. If they missed the group meeting, send out the discussion questions to ponder and also relay any assignments and challenges given.
2. If you plan to use a guest speaker next week, plan ahead and make sure you are specific in their time allotted and the topic they are to address.

## CLASS #5-THE FORMULA

### Getting Started:

Welcome any newcomers and give praise for everyone's efforts.

### Launching Partners:

Allow a few minutes for the partners to collaborate, connect, and hold each other accountable for partaking fully in the curriculum. Most of the partners holding each other accountable should occur between the group meetings.

#### Proposed discussion questions for class 5 (consider a video or exercise from the online course to start):

1. What are your thoughts about greeting the day early?
2. What advice do you have on how to spend the morning hour(s) before the day gets away from you?
3. What is the difference between working hard and working smart? Can you do both?
4. In what ways does the Holy Spirit enlighten your continuous learning experiences?
5. How might continuous learning allow you to become your best self?
6. Finding something to become passionate about in your daily walk - how important is it to live a life doing what you love to do?
7. Explain how one can move the focus of life from beyond themselves to those around us. How important is it to make a difference in other people's lives?
8. The steps of the formula are designed to deliver a more holistic life. How might this occur by living the formula?
9. The ideas that make up the formula are not new; do you think they still apply to the millennial generation and others? If yes, why? If no, what isn't syncing up with you?
10. What are your ideas of giving back? How might this practice bring the most joy in life?

## Guest Speaker:

If you have a guest speaker, save 15-20 minutes for them to present and interact with the participants regarding the class topic. Any guest speaker should have reviewed the subject matter of this class so they relate on point messaging in their presentation.

### Assignment for Participants:

1. Continue your Launching Leaders journal, including your LL experiences and insights and document what you are learning from mentors in your life.
2. Continue to work on your plan for your life.
3. Complete class #6 online – Beware the Double Life
4. Read chapter 6 - Beware the Double Life - in the *Launching Leaders* book.
5. Continue to work on your short and long-term plans for life using the core values and cycle of spiritual guidance as anchors and implementing what you are learning from your mentors.

### Assignments for Facilitator:

1. Contact each participant during the next week via phone, text, or email and thank them for their participation, answer any questions, and personally invite them to the next meeting. If they missed the group meeting, send out the discussion questions to ponder and also relay any assignments and challenges given.
2. If you plan to use a guest speaker next week, plan ahead and make sure you are specific in their time allotted and the topic they are to address.

## CLASS #6-BEWARE THE DOUBLE LIFE

### Getting Started:

Welcome any newcomers and give praise for everyone's efforts.

### Launching Partners:

Allow a few minutes for the partners to collaborate, connect, and hold each other accountable for partaking fully in the curriculum. Most of the partners holding each other accountable should occur between the group meetings.

### Proposed discussion questions for class 6 (consider a video or exercise from the online course to start):

1. What value do you see in living a congruent life?  
(Being the same person at home, work, play, etc.)
2. What do you think Martin Luther King Jr. meant by lives "characterised by a high blood pressure of creeds and an anemia of deeds?"
3. How quickly can one be off course when not living the principles they espouse?
4. Explain the idea of living different roles while adhering to our principles across them all. What tempts you to live a non-congruent life?
5. How does authenticity play into the congruent life?
6. Does being "true to yourself" mean to do whatever you feel like?
7. How does discovering your true identity help you live a life of congruence and integrity?
8. What fortifications are you building to not live a double life?

## Guest Speaker:

If you have a guest speaker, save 15-20 minutes for them to present and interact with the participants regarding the class topic. Any guest speaker should have reviewed the subject matter of this class so they relate on point messaging in their presentation.

### Assignment for Participants:

1. Continue your Launching Leaders journal, including your LL experiences and insights and document what you are learning from your mentor. If you have signs of living a double life, journal about how leaving this life behind will bring you peace. Determine the “gray” areas of your life and make a list in your journal of them and your plans to leave them behind.
2. Complete class #7 online – Habits of Success
3. Read chapter 7 - Habits of Success - in the *Launching Leaders* book.
4. Continue to work on your core value statement, and put into words your short- and long-term plans for life using the core values and cycle of spiritual guidance as anchors.

### Assignments for Facilitator:

1. Contact each participant during the next week via phone, text, or email and thank them for their participation, answer any questions, and personally invite them to the next meeting. If they missed the group meeting, send out the discussion questions to ponder and also relay any assignments and challenges given.
2. If you plan to use a guest speaker next week, plan ahead and make sure you are specific in their time allotted and the topic they are to address.

## CLASS #7-HABITS OF SUCCESS

### Getting Started:

Welcome any newcomers and give praise for everyone's efforts.

### Launching Partners:

Allow a few minutes for the partners to collaborate, connect, and hold each other accountable for partaking fully in the curriculum. Most of the partners holding each other accountable should occur between the group meetings.

### Proposed discussion questions for class 7 (consider a video or exercise from the online course to start):

1. What value do good habits play in facilitating our success?
2. In what ways does listening to the voice of the Holy Spirit move us in the right direction?
3. Discuss your thoughts on the Four Habits to Create Your Future:
  - Live what you know
  - Calibrate daily
  - Find hope, purpose and gratitude
  - Celebrate victories
4. What does "gratitude" have to do with establishing good habits?
5. How might good habits empower you to live the core values you have established?
6. Have you identified plans to remove bad habits from your life?
7. How do good habits serve you every day?

## Guest Speaker:

If you have a guest speaker, save 15-20 minutes for them to present and interact with the participants regarding the class topic. Any guest speaker should have reviewed the subject matter of this class so they relate on point messaging in their presentation.

### Assignment for Participants:

1. Continue your Launching Leaders journal, including your LL experiences and insights and document what you are learning from your mentor. Establish at least TWO of your own original habits; using the Four Habits to Create Your Future as the filter/guide. Determine what “gaps” you have between what you know and what you do---ponder a path to narrow this gap.
2. Continue to work on your plan for you life.
3. Complete class #8 online – Financial Fitness
4. Read through Chapter 8 - Financial Fitness - in the *Launching Leaders* book.
5. Do a contemplative review of the previous week’s materials; stopping to meditate and ponder upon them, as your heart desires.

### Assignments for Facilitator:

1. Contact each participant during the next week via phone, text, or email and thank them for their participation, answer any questions, and personally invite them to the next meeting. If they missed the group meeting, send out the discussion questions to ponder and also relay any assignments and challenges given.
2. If you plan to use a guest speaker next week, plan ahead and make sure you are specific in their time allotted and the topic they are to address. Make sure a guest speaker for Financial Fitness isn’t just a “wealthy” person; but make sure they are both an example of good financial stewardship AND humility.

## CLASS #8-FINANCIAL FITNESS

### Getting Started:

Welcome any newcomers and give praise for everyone's efforts.

### Launching Partners:

Allow a few minutes for the partners to collaborate, connect, and hold each other accountable for partaking fully in the curriculum. Most of the partners holding each other accountable should occur between the group meetings.

### Proposed discussion questions for class 8 (consider a video or exercise from the online course to start):

1. Do you feel being financially self-reliant is essential to happiness? Can it help one lead a more joyful life?
2. What does "rainy day peace" mean to you?
3. How do you keep financial principles aligned with God's perspective in these matters?
4. Can "fear" cripple us in growing our self-reliance objectives? How?
5. What comes to mind when you consider the term "stewardship" as it relates to financial fitness?
6. How does expansion of your fiscal knowledge relate to being a good steward?
7. How does being productive differ from just working hard? How can you tell the difference?
8. How might establishing the accounts suggested in the *Launching Leaders* book bring the discipline needed to move toward financial self-reliance?
9. Have you considered making a charitable donation or "tithe," and paying yourself first, two of your good habits?
10. What is your definition of financial success or financial self-reliance?

## Guest Speaker:

If you have a guest speaker, save 15-20 minutes of the hour for them to present and interact with the participants regarding the class topic. Any guest speaker should have reviewed the subject matter of this class so they relate on point messaging in their presentation.

### Assignment for Participants:

1. Continue your Launching Leaders journal, including your LL experiences and insights and document what you are learning from your mentor. Identify your starting points in becoming financially self-reliant and jot down your ideas of how to move forward from where you are. Lean on a mentor for guidance in this quest. Spend some time thinking about how financial fitness fits into your plans for life, your core values, and your passions in making a difference.
2. Complete class #9 online – Rising Above and Making a Difference.
3. Read chapter 9 - Rising Above and Making a Difference - in the *Launching Leaders* book.
4. Do a contemplative review of the previous week's materials; stopping to meditate and ponder upon them, as your heart desires.

### Assignments for Facilitator:

1. Contact each participant during the next week via phone, text, or email and thank them for their participation, answer any questions, and personally invite them to the next meeting. If they missed the group meeting, send out the discussion questions to ponder and also relay any assignments and challenges given.
2. If you plan to use a guest speaker next week, plan ahead and make sure you are specific in their time allotted and the topic they are to address.

## CLASS #9-RISE ABOVE AND MAKING A DIFFERENCE

### Getting Started:

Welcome any newcomers and give praise for everyone's efforts.

### Launching Partners:

Allow a few minutes for the partners to collaborate, connect, and hold each other accountable for partaking fully in the curriculum. Most of the partners holding each other accountable should occur between the group meetings.

### Proposed discussion questions for class 9 (consider a video or exercise from the online course to start):

1. You have come this far in the course by doing difficult things. How do you feel about your progress?
2. Have you gained an inkling of who God intends for you to be?
3. Have you begun to discover your true identity? How is that making a difference in your life?
4. Why is it important for you to stand firm in the principles you have learned and the core values and life plans you are establishing?
5. In what ways do challenging goals change you?
6. In God's eye's, "greatness" may be totally unnoticed by the world---are you OK with being a leader behind the scenes?
7. In your opinion, what is the difference between "existing" versus "thriving?"
8. How will the world be different because you lived?
9. What roles might you consider in making a difference in the lives of others?
10. All cars - the junkers and the most expensive - can run out of gas. What plans do you have to keep the tank full so you can help carry others to their destinations?

## Guest Speaker:

If you have a guest speaker, save 15-20 minutes of the hour for them to present and interact with the participants regarding the class topic. Any guest speaker should have reviewed the subject matter of this class so they relate on point messaging in their presentation.

NOTE: Next week a guest speaker will NOT be assigned as the class will review their story telling videos together.

### Assignment for Participants:

1. Continue your Launching Leaders journal, including your LL experiences and insights and document what you are learning from your mentor. Ponder the way you intend to be steadfast in your principled convictions and how you will make a difference for good in the world. Jot down your dreams and aspirations surrounding this.
2. Continue to work on your plan for your life.
3. Complete class #10 online – Effective Communication and the Power of Storytelling.
4. Read chapter 10 - Effective Communication and the Power of Storytelling - in the *Launching Leaders* book. Be sure to prepare and upload your story video on the LL Facebook group.
5. Do a contemplative review of the previous week's materials; stopping to pray or meditate and ponder upon them, as your heart desires.

### Assignments for Facilitator:

1. Contact each participant during the next week via phone, text, or email and thank them for their participation, answer any questions, and personally invite them to the next meeting. If they missed the group meeting, send out the discussion questions to ponder and also relay any assignments and challenges given.
2. Select two or three of the uploaded Power of Story video submissions on Facebook by participants to review with the class. This will take the place of the guest speaker.

## CLASS #10-EFFECTIVE COMMUNICATION AND THE POWER OF STORYTELLING

### Getting Started:

Welcome any newcomers and give praise for everyone's efforts.

### Launching Partners:

Allow a few minutes for the partners to collaborate, connect, and hold each other accountable for partaking fully in the curriculum. Most of the partners holding each other accountable should occur between the group meetings.

### Proposed discussion questions for class 10 (consider a video or exercise from the online course to start):

1. In your reading so far of the *Launching Leaders* book, what stories have been told that help you remember the principles?
2. Effective storytelling is a talent that can be developed and practiced; what has been your experience so far in shaping your stories using the 5 keys of storytelling from the *Launching Leaders* book?
3. Do stories have to be "dramatic" to be effective?
4. In the stories you tell, can the listener see themselves in it or is it just about you? Why is this important?

Note: The discussion questions are kept short this week to provide more time for viewing the storytelling segments uploaded from the participants.

## Storytelling Uploads:

This week, have fun reviewing a few of the storytelling participant uploads to the LL Facebook group. Don't be too critical, but constructively evaluate. Try to save 30 minutes for this. Some evaluation points might be:

1. Did the presentation incorporate the 5 keys to becoming an effective storyteller?
2. What elements were done well?
3. What improvements might be recommended?

## Assignment for Participants:

1. Continue your Launching Leaders journal, including your LL experiences and insights and document what you are learning from your mentor. This week, think of one thing that makes you unique and why; and put that into a storyline in your journal using what you have learned about effective storytelling.
2. Prepare to present your plan for your life in the next group meeting, or in the following meeting (depending on the size of the group). These presentations will be 5-minutes each, in whatever format you choose. You may choose to follow the format in "A Plan for Your Life" worksheet provided online in class #4, but hopefully the worksheet was a starting point for a plan that is unique and personalized for you. Your plan could include your core values, goals, waypoints, habits, or whatever else you have chosen to include in your plan. Be prepared to answer questions from the group and receive feedback. This will give you a great opportunity to solidify your plan and prepare for success in creating your future.
3. Complete class #11 online – Giving Back.
4. Read through chapter 11 -Giving Back - in the *Launching Leaders* book.
5. Do a contemplative review of the previous weeks materials; stopping to pray or meditate and ponder upon them as your heart desires.

## Assignments for Facilitator:

1. Contact each participant during the next week via phone, text, or email and thank them for their participation, answer any questions, and personally invite them to the next meeting. If they missed the group meeting, send out the discussion questions to ponder and also relay any assignments and challenges given.
2. If you plan to use a guest speaker next week, plan ahead and make sure you are specific in their time allotted and the topic they are to address. It would be great to have a guest speaker for next week talk about the small acts of giving back and how they make a difference.

## CLASS #11-GIVING BACK

### Getting Started:

Welcome any newcomers and give praise for everyone's efforts.

### Launching Partners:

Allow a few minutes for the partners to collaborate, connect, and hold each other accountable for partaking fully in the curriculum. Most of the partners holding each other accountable should occur between the group meetings.

### Proposed discussion questions for class 11 (consider a video or exercise from the online course to start):

1. Are you taking the time to PLAN ways to give back on a daily basis? What are some of the things you are thinking about doing?
2. How does your deep personal connection with God enhance your desires to give back?
3. What are a few things you are doing to cultivate a heart of giving?
4. Is it important to you to match your giving with your passions in giving? Why?
5. Why does giving for "show" take away the authenticity and humility of giving back?

### Plan for Life Presentations:

If you have a larger number of participants (20 or more) you should start the plan for life presentations in this group class and finish in the next class.

1. Each individual should be given 5 minutes to present their plan and receive feedback from the group.
2. The format of the presentations can be as diverse as the plans. Participants may choose to follow the format in "A Plan for Your Life" worksheet provided online in class #4, but hopefully the worksheet was a starting point for a plan that is unique and personalized for each participant.
3. The group should volunteer ideas and ask questions that will be helpful to participant and his or her planning process. Supportive comments should be encouraged, with observations about what group members have learned from the plans presented.
4. Make this a fun and inspiring exercise that caps off the Launching Leaders experience!

## Guest Speaker:

If you do not have plan for life presentations, a guest speaker is welcome. Save 15-20 minutes of the hour for them to present and interact with the participants regarding the class topic. Any guest speaker should have reviewed the subject matter of this class so they relate on point messaging in their presentation. Assure that the person selected to speak on giving back does not make it about them; also instruct the guest speaker to emphasize the small acts of giving back daily and what a difference this makes.

### Assignment for Participants:

1. Continue your Launching Leaders journal, including your LL experiences and insights and document what you are learning from your mentor. This week, write in your journal your ideas of developing a giving heart and in what ways you can make plans to give back on a daily basis.
2. Complete class #12 online – Onward!
3. Read chapter 12 - Onward! - in the *Launching Leaders* book.
4. Do a contemplative review of the previous weeks materials; stopping to pray or meditate and ponder upon them as your heart desires.

### Assignments for Facilitator:

1. Contact each participant during the next week via phone, text, or email and thank them for their participation, answer any questions, and personally invite them to the next meeting. If they missed the group meeting, send out the discussion questions to ponder and also relay any assignments and challenges given.
2. Prepare to present your plan for your life in the next group meeting. These presentations will be 5-minutes each, in whatever format you choose. Share your plan which could include your core values, goals, waypoints, habits, or whatever else you have chosen to include in your plan. Be prepared to answer questions from the group and receive feedback. This will give you a great opportunity to solidify your plan and prepare for success in creating your future.
3. There will NOT be a need for a guest speaker for the final week.
4. Participants who complete the online course may print out a certificate of completion in one of the last modules of online class #12. Remind them that this is available.

## CLASS #12-ONWARD

### Getting Started:

Welcome any newcomers and give praise for everyone's efforts.

### Launching Partners:

Allow a few minutes for the partners to collaborate, connect, and make plans for keeping in contact.

#### Proposed discussion questions for class 12 (consider a video or exercise from the online course to start):

1. CELEBRATE with each other the wonderful successes of implementing Launching Leaders into your lives. Make this an informal sharing time; not specifically directed, but celebrate the victories of each other and the new path moving forward.
2. What are the top five things you are incorporating from this course?
3. What will you do differently because of this experience with Launching Leaders?
4. Will you encourage others to take the course?
5. Will you consider being a mentor for the program?

#### Plan for Life Presentations:

Start (or finish) the plan for life presentations in this final group meeting.

1. Each individual should be given 5 minutes to present their plan and receive feedback from the group.
2. The format of the presentations can be as diverse as the plans. Participants may choose to follow the format in "A Plan for Your Life" worksheet provided online in class #4, but hopefully the worksheet was a starting point for a plan that is unique and personalized for each participant.
3. The group should volunteer ideas and ask questions that will be helpful to participant and his or her planning process. Supportive comments should be encouraged, with observations about what group members have learned from the plans presented.
4. Make this a fun and inspiring exercise that caps off the Launching Leaders experience!

## Guest Speaker:

There will be NO guest speaker this week.

### Assignment for Participants:

1. Continue your Launching Leaders journal; folding this into your regular journal as you continue to write, ponder, and implement the principles you have learned throughout this course.
2. Make prayer an intricate part of your daily walk.
3. Make a commitment to make mentoring others a real possibility in your life to work toward, practicing what you have learned and preparing for that possible experience.
4. Over the next six months, make a schedule to read the *Launching Leaders* book again.
5. Decide once and for all that YOU play an important part of your destiny and be resolute in continuing the path of a complete, joyful, and holistic life.

### Assignments for Facilitator:

1. Continue to follow up on a periodic basis with the participants.
2. From time to time, follow up with mentors who participated to see if they are occasionally “checking in” with their participants.
3. Direct the participants to fill out the evaluation, located in class #12 online, which allows opportunity for feedback on the overall experience.